

BLOG/REVIEW: Got the Spring Blues?

Judie Squires

Word Count: 460

Ah Easter, spring has sprung. Just this morning while heading out to the coop to feed the chickies, I noticed the smell of spring air, the birds are singing, the air is still crisp. My garden fills up with wildlife this time of year, a large rabbit passed. It was easy to notice her now that she is a mottled white and brown, three squirrels played in the compost pile.

Chickens, rabbits...oh yes Easter is just around the corner. I decided to have a look around to see what I could find that would make the perfect Easter present. And of course it has to be organic and respect nature.

Organic Bouquet was my great find of the day. They have many floral bouquets and chocolates to choose from but for Easter the colors of lavender and blue struck my fancy. The Blue Iris Bouquet paired with the Lavender Fleur du Sel handmade chocolate caramels would be the perfect Easter duo.

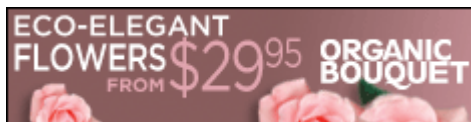
The gorgeous Iris bouquet reminds me of the end of winter merging into summer; spring. With striking blue petals that merge into white then a bright sunny yellow, they are surely a bouquet to admire. And what's even better is when you purchase flowers from Organic Bouquet, proceeds from each sale benefit non-profits dedicated to social justice, wildlife conservation and environmental protection.

It is very important to purchase organic flowers, not only for the environment but for your health. What is the first thing a person does when handed a beautiful bouquet? Smell it. It's not very romantic, or friendly for that matter to offer up a bouquet with a cocktail of chemicals to inhale. When buying organic flowers, you will not have to worry about chemicals on your flower bouquets being toxic to your family, friends, especially those in a hospital, or yourself.

The scent of organic flowers is pure; they retain the true essence of flowers, rather than being diluted by a toxic coating.

Pesticides and other toxic chemicals used on flowers affect the health of farmers and florists. The toxic chemicals spread onto the clothes and into the bodies of farm workers and their children. Florists who handle non-organic flowers have been known to develop dermatitis on their hands. So when you buy organic flowers it is not only a good for the recipient of your lovely gift, but you are also doing something good for many other people not to mention the environment.

For the perfect spring or Easter gift for yourself, your loved ones or for your table, try visiting Organic Bouquet and take a look at the Blue Iris Bouquet and consider pairing it with the Lavender Fleur du Sel chocolate caramels for a gift to get you into the swing of spring.



Judie Squires
Freelance Writer

Since 1999, Judie has been aggressively researching a wide range of subjects, particularly those pertaining to human health and environmental issues. Judie has written for local, regional and national publications.