

BLOG/REVIEW: Mystical Powers of Gemstones

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I am always interested in alternative methods of healing. I have done great amount of research into herbal, homeopathic and nutritional remedies. One area that is new to me is the mystical healing of gemstones. It is said that therapeutic gemstones can promote rejuvenation of the mind, body and spirit.

Metaphysical healing is an area I haven't spent much time looking into although it peaks my interest as therapeutic gemstones has its roots in such diverse cultures and systems as Ayurveda, Chinese medicine, and Native American shamanism.

Healers claim that gemstones not only contain life force, they can transform it into energy. A gemstones life force is drawn in from the entire surface of the sphere to the sphere's center in a continuous flow. As it moves toward the center, the life force becomes increasingly concentrated. This concentration fuels the transformation of life force into gemstone energy and causes the gem's energy to be unleashed with great power.

Learning about the healing properties of gemstones not only enables you to understand your own energy and the way energy works in your body, but is also said to give insights into how and why of life has allowed a sensitivity to develop.

Many people believe that gemstone healing is ancient knowledge only now being rediscovered and becoming mainstream.

Whether gemstones actually have the power to heal illness as some ancient peoples believed, few can resist their universal beauty. Even if you are not a believer of mystical healing powers, a power may lie in the pleasure one gets when wearing such a stunning and precious piece.

If you are interested in gemstone healing, either to learn more, purchase a piece for yourself, or to practice therapies with them, [Gemisphere](#) has everything you need.

Intriguing indeed.

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Since 1999, Judie has been aggressively researching a wide range of subjects, particularly those pertaining to human health and environmental issues. Judie has written for local, regional and national publications.